

# Patient Information

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## Your Medicine

### G

Dose

\_\_\_\_\_ 10mg.

Take

\_\_\_\_\_ pill every \_\_\_\_\_ hours  
\_\_\_\_\_ pill at bedtime

Dose

\_\_\_\_\_ 400mg.

Take

\_\_\_\_\_ pill every \_\_\_\_\_ hours

# Things You Should Know About Muscle Relaxers

## Your Clinic Name

123 Any Street  
Your City, State ZIP

555-555-5555  
Fax 555-555-5556

**Your Logo**

# Muscle Relaxers

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These medicines are used to treat muscle spasms - the tightness you may feel when muscles are injured.

## How Muscle Relaxers Work

Although there are many drugs used to relax muscles, they don't all work the same way. That's why one may not work for you, but another one may.

These drugs relax muscles throughout the entire body. That may be why some of the side effects occur.

## Muscle Relaxers

Some muscle relaxers are really a combination of the muscle relaxer and other drugs, usually aspirin and caffeine.

Usually the pharmacy will give you a generic version of the medicine your doctor prescribed. Generics are the same as the brand name drug and will work just as well.

## How To Take Your Medicine

For a medicine to work it must be taken properly. Your doctor will tell you how many pills to take and when to take them. However, there are some general rules about taking muscle relaxers.

1. Don't drink any alcohol or take any other medicine while you are taking a muscle relaxer.
2. Never take more than one type of muscle relaxer.
3. Be sure and tell your doctor about any other medicines you are taking - even those you can buy without a prescription.

## Occasional Side Effects

Muscle relaxers are safe drugs. Most people can take them without any problems or side effects.

The common side effects include:

- Drowsiness
- Dry mouth
- Dizziness
- Fatigue
- Blurred Vision
- Abnormal Taste Sensation
- Headache
- Constipation
- Hallucinations
- Upset Stomach

RI I V HVMI SV STIVE I ER  
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HV K R NP S EVI VI LI  
HSR GE I HVS NRI

## Other Side Effects

It's important to remember that any drug can, in some people, cause any side effect. If you have any mild problems of any kind, call the office or the pharmacist for advice. You may stop the medication until you get advice. If you have severe swelling, trouble breathing, trouble swallowing, or anything else that concerns you, go directly to the nearest hospital emergency center.

## Who Should Not Take Muscle Relaxers

Anyone who

- Has had an allergic reaction to any muscle relaxer
- Has a history of thyroid disease or has taken MAO inhibitors.

## Additional Questions

Your doctor or pharmacist can answer any of your questions about the drugs you are taking. Don't hesitate to call.